DISEASE CONCEPT OF ALCOHOLISM

PHYSICAL
ONE DOES NOT DRINK SAFELY OR HE IS AT DISEASE

MENTAL
NINE DRINK SAFELY THEY ARE AT EASE

CAN'T DRINK ALLERGY

ACETALDEHYDE
DIACETIC ACID
ACETONE LEVEL CREATES A CRAVING
ONE DRINK SETS OFF CRAVING FROM ACETONE LEVEL—2 DRINKS—3 DRINKS—4 DRINKS ETC.
WELL-KNOWN SPREE

CAN'T QUIT OBSESSION

ACETALDEHYDE
DIACETIC ACID
ACETONE

PROBLEM
NECESSARY TO DRINK AT THIS LEVEL
NOT NECESSARY TO DRINK AT THIS LEVEL

EMOTIONAL BAROMETER

WILL POWER

POWERLESS OVER ALCOHOL

POWERLESS OVER ALCOHOL

EMERGES
FILLED WITH

RESTLESS
GUilt
Guilt
REMORSE
REMORSE

IRRITABLE
RESENTMENT
RESENTMENT

DISCONTENDED
SELF-PITY
SELF-PITY

FEAR
F E A R

ACID

SUGAR
CARBON DIOXIDE

WATER

SOLUTION

ONE DRINK

ADDICTION PROCESS